

## The Vision: Amanaska Yoga

“Man has a dichotomic existence – which is why he is perpetually struggling to come to terms with himself. The fact is that, on the one hand, he appears to be a limited human being (as a body with a seemingly limited self); and indeed, he is continuously painfully aware of this limitation. And yet, at the same time, he also possesses an undeniable **Sovereign nature (Atma or Divine nature)**; but of which, unfortunately, he is not fully aware. Nevertheless, when he functions in a finite social, inter-personal world, his Sovereignty, which is the most beloved thing to him-notwithstanding his unawareness of it - is never recognized in society. In fact, it perpetually goes unrecognized and challenged in all relationships. From this root conflict and contradiction arises innumerable forms of never-ending sufferings.

“It may also be noted that his deeply nestled Sovereign nature-when it gets entangled in the web of sensory perceptions, undergoes **an ugly metamorphosis and transmutes itself into an evil, demonic, self-centred entity - the self**. If, for a moment, we were to extricate the Sovereign nature from the crippling web of sensory perceptions, it would immediately ‘roll back’ and become lustrous once more with that effulgence of his original Sovereignty.

“By **turning inward and watching the self**, man can first become self-Knowing, and then, in the next stage, with **the calming and silencing of the self**, sorrow can also come to a decisive end. As a natural consequence, he can now go on to **meditatively discover** his Sovereign Divine nature (**Atma**). With the **neat completion of this process of inward flowering through self-Knowing**, his dichotomy is resolved once and for all, and he then begins to function from the ground of the **Atma** - in freedom and in wonderment; now, totally fearlessly, as Intelligence, as Awareness, as Joy - without any sense of the former tormenting individuality, duality & divisiveness.”

“For making this understanding contiguous with the Hindu religious tradition; I have brought together in an overarching confluence; **Krishnamurti’s self-Knowing** (which is indeed a **paradigm shift** in the religious sphere); and the light of **self-Knowledge** in Vedic astrology, as well as the farther reaches of self-Knowledge (namely **Self-realization**), which is already there in the ancient Hindu Advaita Teachings and in the Yoga Sutras of Patanjali.

“Because of this newly revealed **overarching connection** between **Krishnamurti’s self-Knowing** and the traditional approaches to **Self-Realization**; there is every possibility, that the traditional Hindu religious society, will now open itself up and assimilate **the diamond jewel** of self-Knowing that has come to us through the life time mission of the **World Teacher, Sri. J. Krishnamurti**.

“It has ever been my intention to encourage and inspire all seekers to assimilate **Krishnamurti’s self-Knowing**, importantly, from the point of view of their own religious traditions-for this has exactly been, my own line of contemplative enquiry, leading to the liberating discovery of the deeply nestled Atmic nature.”

*-Sankara Bhagavadpada 15th March 2019, Chennai.*



## Mission:

“To create, build & nurture the sublime new human being, and the concomitant sublime new society; by inspiring, encouraging, teaching & ennobling humans to turn inward and awaken to sorrow through self-Knowing; to inwardly flower by learning the ways of the self; by learning to ‘die’ to sorrow; so that, in this way humans inevitably ‘roll back’ to their Divine nature.

“This ‘rolling back’ will inspire them spontaneously to manifest their innate fragrances of Freedom & Awareness Intelligence & Beatitude; in thought & feeling, in words & actions, in society & service; in the arts & in statecraft, in sciences & technologies, in the religions & humanities; thereby seeding and creating that sublime new society.

“This vision of an inner religious revolution has arisen from my life-long immersion in the waters of the teachings, writings, and direct association with the **World Teacher Sri. J. Krishnamurti**, ever since my childhood”.